



**January 2020**



## **Sustainable New Year's Resolutions**

You've seen the many lists for New Year's resolutions that focus on exercise, losing weight, getting organized, saving money, quitting smoking, etc. Those are all noble and worthwhile goals but there are more fundamental New Year's Resolutions that we should all strive to achieve – ones that affect our planet.

The Earth Day Network has compiled an excellent list of suggestions.

1. Go plant-based (1-2 meals a day)
2. Skip the Gym. Skip the car.
3. Read more books
4. Compost, compost, compost
5. Recycle (but do it better)
6. Skip the single use plastic bag

7. Pass it on: Recycling edition
8. Register your Earth Day event (and turn up!)
9. Go plant-based (2.0 version)
10. Travel, with care
11. Stop buying crap
12. Register to vote (and turn up!)

For more details, click [here](#).

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## Introducing our New Board Members

Last month, we introduced you to several of our new board members who began their three-year term on January 1st. Joining that talented group are four others who will undoubtedly make meaningful contributions to Sustainable Tallahassee and our community. You can find a complete list of our board members [here](#).



### **Isabella Jaramillo**

Isabella Jaramilla is a FSU student studying Environmental Science and Environmental Policy and expects to graduate in May, 2021.

At FSU, she is involved in numerous environmental related activities including serving as campus representative for the CLEO Institute, working as an outreach student worker at the FSU Libraries, founding the Surfrider Foundation at FSU, and receiving a political chair at FSU's Environmental Service Program. She was also a Sustainable Tallahassee intern in the 2018 fall semester.

Isabella would like to see Sustainable Tallahassee “. . . mainly focus on renewable energy for the city of Tallahassee and encourage local businesses . . . to choose eco-friendly alternatives to plastic.”



### **Kristen Summers**

Kristen Summers is an attorney employed as the Chief Legal Counsel, Prosecution Services Unit, Florida Department of Health. Her undergraduate degree is in Natural Resource Conservation and she has a graduate certificate in Environmental, Energy, and Land Use Law. During law school she interned with the Florida Fish & Wildlife Conservation Commission working on issues directly related to wildlife conservation and land use law.

Kristen is “. . . interested in becoming involved in ST because I would like to forward the mission of promoting sustainability in Tallahassee/Leon County. . . I also believe that when addressing sustainability, it is imperative that changes and policies are conscious of the different hurdles experienced by communities and individuals in lower socioeconomic statuses.”



### **Jeri Winkleblack**

Jeri Winkleblack is Vice President and Senior Card Account Manager with Bank of America, responsible for managing the State of Florida agency and over 250 local government and university commercial card programs. Previously, she was the City of Tallahassee’s first Recycling Coordinator (1990) and participated in developing the City’s recycling program and citizen education recycling programs.

Jeri has served on the boards of both local and national organizations, including serving as past chair of Recycle Florida Today and as a board member of Keep Tallahassee/Leon County Beautiful. She became connected with Sustainable Tallahassee five years ago by attending Green Drinks and volunteering with our “Super Rs” Committee at the LeMoyne Chain of Parks Art Festival. Jeri sees Sustainable Tallahassee as “. . . having the ability to

greatly influence individual behavior through education and activities”.



### **Shawn Youngblood**

Shawn Youngblood is an Evaluation Specialist in the 21st Century Community Learning Centers Program, Bureau of Family and Community Outreach, at the Florida Department of Education. He has a Ph.D. in the Classics and a B.A in History and Philosophy. Shawn’s experience includes education research to improve student performance and sociability, research and consulting in food policy and systems, health and nutrition, and food economy. He also teaches Latin and Greek and has taught college level debate at FSU.

Shawn’s primary interest is in food systems and he has been an active participant in our Local Foods Committee and Community Garden Network. He wrote, “I relish the opportunity to work with a diversity of like-minded people who care about the future of our resources and our society. Being a part of Sustainable Tallahassee would be an honor.”

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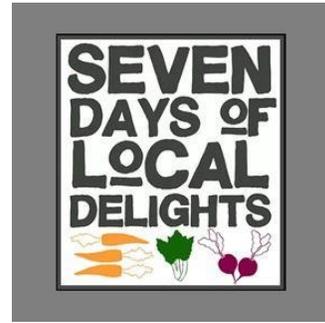
## **New Officers**

In addition to the new individuals joining our Board of Directors, we want to recognize our officers for the 2020 year who were elected at Sustainable Tallahassee’s December Board of Directors meeting. They are:

- |                          |                     |
|--------------------------|---------------------|
| President                | - Mike Mitchell     |
| Vice President           | - Shawn Youngblood  |
| Treasurer                | - Jack Diestelhorst |
| Secretary                | - Jane McElroy      |
| Immediate Past President | - Peggy Sanford     |
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## Seven Days of Local Delights

From January 20 – 26th, the Red Hills Small Farm Alliance (RHSFA) will hold its annual [Seven Days of Local Delights](#), a series of events and workshops that embrace and celebrate our area’s locally sourced foods. There will be everything from cooking classes to raised bed gardening demos as well as specials from several local area restaurants.



It will all culminate in a fundraiser brunch hosted by Keith Baxter at his Kool Beanz Café where he will prepare a fabulous meal sourced from farmer members (now some 60 strong). All proceeds go to the Red Hills Small Farm Alliance but seating is very limited so reserve your spot right away!

We encourage you to attend and support our local food economy. For the full week of events and participating restaurants click [HERE](#).



## Red Hills Fire Festival

Fire plays an important part in shaping the natural ecosystem; however, this fact is not universally understood or appreciated. In the U.S., the Smokey Bear Wildfire Prevention campaign was created in 1944 and proved to be enormously successful – perhaps too successful. According to University of Colorado-Boulder geology professor Jennifer Balch, because there have been fewer fires, more fuel has built

up, which combined with climate change and more people living near what were previously wilderness areas, has led to more intense and devastating fires, such as the one that destroyed the town of Paradise, Calif., in November 2018.

In our area, Tall Timbers Research Station & Land Conservancy plays a lead role in increasing familiarity with fire and its ecological benefits. Together with 30 other organizations, they are hosting the 3rd annual Fire Festival, a free family event that will feature live music, prescribed fire demos, live wildlife, wagon ride tours of healthy forests, hands-on fire equipment, kids' activities, and food vendors. Don't miss it!

January 25th from 6:00 - 7:30 pm, Tall Timbers Research Station & Land Conservancy, 13093 Henry Beadel Drive



## **A Worsening Carbon Footprint for Airlines**

While airlines are becoming more fuel efficient, demand is outstripping those gains resulting in dire forecasts by the [United Nations aviation body](#) and [International Council on Clean Transportation](#), among others. Air travel accounts for about 2.5 percent of global carbon dioxide emissions; however, one [study by Carbon Brief](#) found that the rapid growth in plane emissions could mean that by 2050, aviation could take up a quarter of the world's "carbon budget," or the amount of carbon dioxide emissions permitted to keep global temperature rise to within 1.5 degrees Celsius above pre-industrial levels.

This worsening news will put pressure on airline regulators to take stronger action and will affect how airlines conduct their operations. In fact, JetBlue Airways just announced that it plans to become carbon neutral on all domestic flights by July of this year and will use an alternative fuel source for flights leaving San Francisco. The use of biofuels, by JetBlue and other airlines, is viewed as an important part of meeting the industry goal of cutting greenhouse gas emissions in half by 2050

from 2005 levels. The use of more direct flight paths, new planes and other technologies are also part of their approach.

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## **Lithium Battery Safeguards (Webinar)**

Lithium batteries are an integrated part of our modern world - they're found in our electronic equipment, cars, and electrical grid storage devices. Unlike traditional lead and alkaline batteries, special preparation is needed when shipping these batteries to a refurbisher or recycler. During this free webinar sponsored by the U.S. Environmental Protection Agency, participants will learn how to prevent, reduce or eliminate risks of fire or explosions from the improper packaging, marking, labeling, or recycling of these batteries.

January 23rd from 2:00 – 4:00 pm ([Calendar Link](#))

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## **Donations are Appreciated**



Since we've broached the topic of about New Year's resolutions, how about adding just one more? That would be a donation to Sustainable Tallahassee, a local non-profit that puts its money to work in our community. We are involved in numerous sustainable and environmental efforts that truly make a difference. In order for us to continue with our mission, we rely on the generosity of like-minded individuals, businesses, and organizations.

Please consider supporting us with your [donation](#). Thank you!

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## **Upcoming Committee Meetings**

The backbone of Sustainable Tallahassee are the committees that are filled with dedicated volunteers who plan and implement a wide variety of sustainable initiatives. If you'd like to get involved, come by one of our committee meetings and learn how you can help out!

## **Renewal Energy Advocacy**

Every second Tuesday of the month – begins at 4:00 pm, First Presbyterian Education Bldg, 110 N. Adams Street

**Sustainable Transportation** – Calendar Link **(2/13)**

Every second Thursday of the month – begins at 4:00 pm, First Presbyterian Education Bldg, 110 N. Adams Street

**Special Note:** The **Electric Vehicle Social** is held on the last Monday of each month at GreenWise Market, 625 W. Gaines Street

**Local Foods**

Check our Calendar, First Presbyterian Education Bldg, 110 N. Adams Street

**Rags2Bags Team**

Every Thursday – 1:00 – 4:00 pm, Faith Presbyterian Manna Cottage, 2200 N. Meridian Road



**Green Drinks is January 27th**

In the past 50 years, the U.S. lost almost 1/3 of its birds. As depressing as this is, there's hope. Join Peter Kleinhenz, president of Apalachee Audubon Society, for a presentation about what you can do to help boost the bird population around Tallahassee and learn a thing or two about our coolest local species. In addition to his volunteer duties, Peter works as the Aucilla River Coalition Coordinator for Tall Timbers where he develops partnerships to protect land in the Aucilla River watershed.

See you there!

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## "Saving Wakulla Springs" Overland Tours

Kick off the year with an educational and entertaining tour of the Wakulla Springs basin and its vast underground world. Jim Stevenson is an expert about the area's karst topography that consists of springs, sinkholes and submerged caves - all part of a complex system that carries our drinking water. There will be several stops along the way ending with a visit to Wakulla Springs.

Register for a [January 21st](#) or [February 29th](#) tour (future dates are also available). To reserve a spot for one of those dates or for additional questions, [email Palmetto Expeditions](#) or call them at 850-926-3376.

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## Recycling Tip-of- the-Month



Many of us are committed recyclers but we can sometimes be thrown a curve over the proper disposal of a particular item. No worries - take a quick moment to reference Leon County's [Recycling webpage](#). You'll find useful tips on permissible and non-permissible items as well as information on hazardous waste and drop-off locations.

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**Did You Know? Did You Know?** Cardboard **can** be placed in recycling bins and is recyclable in Leon County. That includes boxes for shoes, shipping, cereal, and frozen food. Even pizza and donut boxes are ok provided there's no food waste.

Cardboard paper towel and toilet paper rolls and cardboard egg crates are also acceptable.

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## Become a Sustaining Member

Being a member of Sustainable Tallahassee is a great thing and being a sustaining member is even better! With a small monthly amount applied to your credit card each month, you'll play a part in helping us to continue to fund sustainable initiatives that are so vital to our community.

As a new member, you can select this option when you **join**. For existing members, you can **change your membership level** without having to wait for your anniversary date to roll around.

### Sustaining Member Levels

**Gold** - \$10 per month (33 cents per day)

**Platinum** - \$25 per month (83 cents per day)

**Diamond** - \$50 per month (\$1.67 per day)

Welcome Katie Britt Williams, Danielle Irwin, and Joan West as **new members!**

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## Check Our Calendar

If you haven't used Sustainable Tallahassee's [Calendar](#) yet, you're missing out on an important tool to keep you abreast of all the sustainable events that are taking place in the area. Use it along with our monthly [Green Links](#) newsletter where we take a deeper dive into pressing issues and you'll be good to go!



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## Green Grins



by Arnie Rogers, Green Drinks Newsletter Editor

[www.SustainableTallahassee.org](http://www.SustainableTallahassee.org)

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